OCTOBER 2025



# MONDAY

# **TUESDAY**

# WEDNESDAY

# THURSDAY

# FRIDAY

### **WEEK ONE**

21<sup>ST</sup> APRIL 12<sup>TH</sup> MAY 9<sup>™</sup> JUNE 30<sup>™</sup> JUNE 21<sup>ST</sup> JULY 1<sup>ST</sup> SEPTEMBER 22<sup>ND</sup> SEPTEMBER 13<sup>TH</sup> OCTOBER

Mild Chilli Beef Bean Chilli VG Tomato & Herb Penne Pasta 1 VG Jacket with a Choice Of Toppings 7,8,9

Rice, Mixed Peppers, Peas

Jammy Finger 1,6 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

Chicken Pesto Pasta Shells 1,7 Rice & Bean Burrito 1 VG Cheesy Pasta Twists 1,7 V Jackets with a Choice of Toppings 7,8,9

Seasonal Vegetables

Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

Chicken Sausage Roll & Gravy 1,6 Vegetable Sausage & Gravy 1 VG Mediterranean Pasta Shells 1 VG Jackets with a Choice of Toppings 7,8,9

Rustic Roast Potatoes, Green Beans, Carrots

> Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

Margherita Pizza 1,3,7 V Loaded Cajun Bean Wedges VG Pesto & Pea Pasta 1,7 V Jackets with a Choice of Toppings 7,8,9

Rainbow Pasta 1, Sweetcorn, Coleslaw 9

Sultana Cake 1VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG Fish Fingers 1,8 or Salmon Fish Cake 1,7,8

Cheese & Tomato Pinwheel 1.7 V Mushroom Carbonara Pasta 1,7 V Jackets with a Choice of Toppings 7,8,9

> Chips, Peas, Baked Beans, Cucumber

> > Caramel Cookie 1,7 Yoghurt 3,7 Fruit Pots VG

## **WEEK TWO**

28<sup>TH</sup> APRIL 19<sup>TH</sup> MAY 16<sup>™</sup> JUNE 7<sup>™</sup> JULY 8<sup>TH</sup> SEPTEMBER 29<sup>TH</sup> SEPTEMBER 20<sup>™</sup> OCTOBER

Vegetable Nuggets with Katsu Sauce

Onion Bhajis with Katsu Sauce VG Pesto Pasta Bake 1,7 V Jackets with a Choice of Toppings 7,8,9

Rainbow Rice, Carrots, Peas

Vanilla Sponge 1VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

Beef & Onion Pie 1 Meatfree Meatballs & Gravy 1 VG Cheesy Pasta Twists 1,7 V Jackets with a Choice of Toppings 7,8,9

> **Crushed Potatoes** Seasonal Vegetables

Chocolate & Mandarin Mousse 7,3 Mr Nourish Biscuit 1 VG Fruit Pots VG

Roast Chicken & Gravy Roasted Vegetable Hot Pot VG Arrabiata Penne 1 VG Jackets with a Choice of Toppings 7,8,9

> **Rustic Roast Potatoes** Broccoli, Carrots

Cornflake Cookie 1,3,7,16 Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

**BBQ Pulled Chicken Loaded Wedges** Sweet & Sour Vegetables & Wedges VG Tomato Spaghetti 1 VG Jackets with a Choice of Toppings 7,8,9

Cauliflower, Coleslaw 9

Spiced Apple Focaccia 1,3 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

Tuna Penne Pasta 1.7.8 Margherita Pizza 1,3,7 V Mediterranean Pasta Shells 1 VG Jackets with a Choice of Toppings 7,8,9

Chips, Peas, Grated Carrot

Oaty Biscuit 1,15 VG Yoghurt 3,7 Fruit Pots VG

## **WEEK THREE**

5<sup>TH</sup> MAY 2<sup>ND</sup> JUNE 23rd JUNE 14<sup>™</sup> JULY 15<sup>TH</sup> SEPTEMBER 6<sup>™</sup> OCTOBER

Beef Bolognaise Pasta Shells 1 Cheese & Pesto Turnover 1,7 V Arrabiata Pasta Twists 1 VG Jackets with a Choice of Toppings 7,8,9

> **Baked Wedges Seasonal Vegetables**

Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

Caribbean Chicken Curry Cheese & Bean Pocket Wrap 1,7 V Herby Tomato Penne Pasta 1 VG Jackets with a Choice of Toppings 7,8,9

Rice, Green Beans, Carrots

Peach Sponge 1VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

Roast Chicken & Gravy Samosa Puff 1 VG Pesto & Pea Penne 1,7V Jackets with a Choice of Toppings 7,8,9

Rustic Roast Potatoes, Cabbage, Swede

Fruit Jelly **VG** Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

Macaroni Cheese 1.7 V Coconut & Spinach Biryani 6 VG Tomato & Sweetcorn Spaghetti 1 VG Jackets with a Choice of Toppings 7,8,9

Cauliflower, Mixed Peppers

Chocolate Cake 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

Fish Fingers 1,8 Cheese & Cauliflower Nuggets 7 V Pesto Pasta Bake 1,7 V Jackets with a Choice of Toppings 7,8,9

Chips, Peas, Sweetcorn, Coleslaw 9

Ginger Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

AVAILABLE 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

NP 4Cath Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

