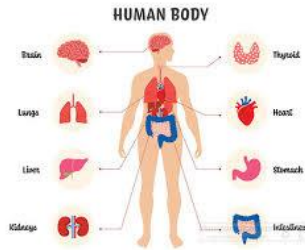


# Independent Learning Project Summer 2

## Year 5

# Being Human



During the school holidays you may want to do some additional learning in preparation for your new unit **'Being Human!'**. Below are some ideas but you can also let your imagination go wild! We would love to see what you do, maybe a poster, photos, a presentation, a model.... We hope you have lots of fun getting ready for your next bit of Learning!

### Being Human Summary

We will be learning about the human body and how it works with a focus on taking care of one's physical and mental health. We will need to be scientists as we research into the inner workings of the human body. We will also learn to be responsible for our health and wellbeing by knowing how to take care of ourselves at different stages in our lives. How does knowing your body and its inner workings help you to understand the connections between human behaviour, the choices we make and our health?

### Project Ideas

- Sketch/paint/create a model of body-in-motion
- How can we look after our mental health?
- How can we improve our physical fitness?
- Fitness programme/exercise video

*What ideas do you have?*

**Please bring your projects in to school the first week back!**