Independent Learning Project Autumn 1



Year 3

How Humans Work

During the school holidays you may want to do some additional learning in preparation for your new unit 'How Humans Work'.

Below are some ideas but you can also let your imagination go wild! We would love to see what you do, maybe a poster, photos, a presentation, a model.... We hope you have lots of fun getting ready for your next bit of Learning!

How Humans Work Summary

We will be learning about the different functions of the human body, including how we see, hear, digest, breathe and move. We will also investigate how to maintain a healthy lifestyle, and the effects of diet and exercise on the body. We will need to be scientists, nutritionists and sports instructors in order to gain a deep understanding of how humans work. Have you ever considered how your body works? And what does it really mean to be healthy?

Project Ideas

- Find out about health challenges for children around the world and organisations that help them
- Design a food safety poster
- How are you responsible for maintaining your own healthy lifestyle?
- Design an exercise routine
- How do the systems in your body work? Circulatory, Respiratory, Digestive
 What ideas do you have?

Please bring your projects in to school the first week back!